



**Green Country Walk to  
Emmaus**

Volume 17, Issue 23 - Published  
Monthly  
**May 2009**

# The Emmaus Newsletter

## SPRINGTIME RAIN

Can you believe all this rain? I know I've heard many conversations about it from lots of people. While I'm also ready for some sunshine, I have to smile when I hear these conversations.

In another few weeks we'll be praying for rain and wishing we had a cool spring day.

Isn't that how it always works? We want everything to run the way WE want it to run, but God is orchestrating things in His time and His own way.

Life is like this too, we don't understand why we are having to live through stressful periods when bad things happen. Illness, loss of jobs, loss of homes, relationships dissolve and sometimes these things all happen so quickly that it is hard for us to adjust, but just like the rain we can remem-

ber that He is always there and in charge.

Proverbs 3:5 Trust in the Lord with all you heart and lean not on your own understanding.

Each day is precious and we should live each day with the reminder to Trust Him!

DeColores!  
Liz Merrill  
Board Rep  
Newsletter



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- **June Gathering at 1st Christian Church, Claremore, OK located at East Fifth St and Florence beginning at 7pm on Saturday June 13th**
- **July Gathering at Asbury UMC, Tulsa, OK at 7pm on Saturday July 11**
- **August Gathering at MeadowCreek UMC, Collinsville, OK on Saturday August 8th**
- **Men's Walk at Claremore UMC—September 24-27**
- **Women's Walk at Claremore UMC—October 8-11**

## The Walk

I returned home from having help to serve on men's Walk 141. I felt so blessed after having served. I was on Walk 140.

As we all know, The Walk is so overwhelming with blessings that we seem to be in a trance from the power of prayer that takes place before the walks. By serving I was able to learn more about the preparation that takes place for these walks and how much detail is given to everything done.

Nothing is done by accident, timing and precision are all part of the plans! Love and harmony were shown throughout the process of serving. It was indeed a blessing to get to be the servant.

The Holy Spirit filled my soul with this poem that I would like to share with you.

### THE WALK

The rooster crows  
All is still  
The sun begins rising  
The earth sings with praises from God's creation

THE WALK begins  
Things are stirring now  
God's people awaken  
The Holy Spirit tugs at their hearts  
This is indeed the day that the Lord hath made

The first steps are small and simple

The choir sings softly  
The pace increases  
The colors brighten  
The symphony has begun

The fullness of the light now shines brightly  
The prayers come into their full power  
All is well! All is well!

The run begins  
The race soon will come to a close  
The time for rewards has arrived

The light remains reflecting off the pilgrims  
God's chosen ones  
The servants for tomorrow

The pace slows down  
A time to be still and listen  
A time to reflect about the journey  
A time of appreciation and amazement  
A time for rest  
God's servant's rejoice

THE WALK is completed  
The sun goes down  
All is well! All is well!

Sandy Warren, Walk # 140, Table of Martha  
First Wesleyan Church, Bartlesville, Ok

## Moving? Prefer to Receive the Newsletter via E-mail?

If you are moving, please give us plenty of advanced notice to help keep our postage costs down.

Name: \_\_\_\_\_

Old Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

New Address:

Street Address: \_\_\_\_\_

Please mail this form to:

Newsletter

Green Country Walk to Emmaus

P.O. Box 701410

Tulsa, OK 74170-1410

Or email the information to:

[publications@greencountryemmaus.com](mailto:publications@greencountryemmaus.com)

## Community

Here I am basking in the “high” after another precious time of service with wonderful omen in the conference room. After serving on several teams, I question myself and ask, “Why do you love this so much, Cathy?” The typical answer comes to mind as I say to myself, “because I am responding to His grace to give back to what I have received, of course!” Then I search my heart further and discover something much more. I love “community” with other believers! I love growing in love with other women at a table just because we all love the Lord. It is that bond that makes life worthwhile to me!



I think about God and how in Genesis 1:26a-27 (NAS) it says: “Then God said, ‘Let Us make man in Our image, according to Our likeness’. . . God created man in His own image, in the image of God He created him; male and

female He created them.” Then I think if I was created in His image, then that is why I love “community”!

God has never been by Himself although it is somewhat hard to grasp the Trinity, I look at it as “community”! God the Father, God the Son, and God the Holy Spirit all three communing together up there in heaven. That bond of love They share together is unfathomable, but if we think about it; maybe not. That is how They made us to be—like Them! Even Jesus shared in “community” with His disciples!

He calls us family and the body to help us relate to what He wants us to be. How much more intimate can we be? In I Peter 3:8 (LB) Peter says: “You should be like one big happy family, full of sympathy toward each other, loving one another with tender hearts and humble minds.” And in Romans 12:4-6a, Paul writes “Just as each of us has one with many members, and these members do not all have the same function, so in Christ we who are many form one body, and each member belongs to all the others. We each have different gifts according to the grace given us...”

As our team prepared

for this Walk, we enjoyed this “community”. As we shared His grace and love on the Walk, we enjoyed this “community”. As we share and love with our reunion groups, we enjoy this “community”. As we study and grow together in our church small groups, we enjoy this “community”. And as disciples, we are reaching out to bring others into our “community”. No wonder we call ourselves the Green Country “Community”!

In all His infinite wisdom, I am so glad He made us for “community”! The cross itself is a sign of our vertical relationship with our Savior and the horizontal beam represents our “community” relationship with each other! So the next time you see me serving or enjoying at a Gathering and I give you a great big hug, just know I am so glad you are a part of my “community”!

DeColores,  
Cathy Herring  
Green Country Walk #78  
Table of Ruth  
Emerging Ministries

## New Pilgrim Orientation

Are you a brand new Pilgrim (chick) from our recent set of Walks? Did you miss the New Pilgrim Orientation from your Walk? Have you been wondering what all your sponsor did while you were on the Walk? Are you excited to learn how you can serve behind the scenes at the next set of Walks?

Please join us before the next Gathering at First Christian Church in Claremore at 6pm for New Pilgrim Orientation presented by the Board of Directors of the Green Country Emmaus.



## Chrysalis Flights!

The location of the next Chrysalis flights has not been announced but we do know the dates.

Girls Flight: Oct 29th —Nov 1st

Boy's Flight: Nov 12th—Nov 15th

Please send in your enrollment forms as soon as possible, so we can begin planning. You can go to [www.gcchrysalis.org](http://www.gcchrysalis.org) to download the forms.

## DINING ROOM

Emmaus weekends are all about serving and servant hood. One of the areas where you may serve is in the dining room as the Dining Room Manager. There is a manual that tells you step by step what to do and how to set up everything. The Dining Room Manager coordinates the activities for the Dining Room, but does not do everything. Kindly ask members of the community that are present to help. You are there to ensure that those who have come to serve, have the opportunity to serve and feel needed and appreciated. The more help you enlist the easier the job is for everyone. Some of the responsibilities of the Dining Room Manager are setting up the Dining Room, directing the servers, working closely with the Kitchen Manager to ensure everything occurs on time and that everything is done with a spirit of joyful, anonymous servant hood. Please consider serving in this capacity and let the Board Rep for Dining Room/Agape know of your desire.

## How Kairos Made An Impact In My Life



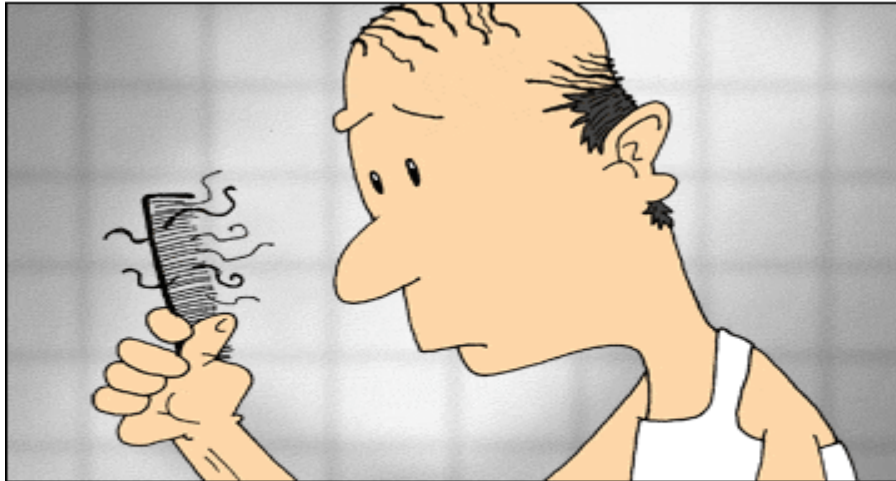
I came to Mabel Basset Correctional Center March of 2005. I was still a lost kid searching for something that was meaningful and something that didn't hurt so much. At 21 years old I had given up on life and made a poor blinded decision to hurt somebody. I was an angry kid without any hope. While in the county jail people started to speak into my life. No matter how much I struggled to ignore it, now I know that God had a plan for me. Shortly after I came to Mabel Bassett, I came to know the Lord. Still being a babe in Christ, God connected me with a friend in England. My parents were involved in Tres Dias in Germany and they met a nice guy named Ralph from England and he started to write me. Not long after that the first time I applied for Kairos 4-day retreat; I was accepted.

I wasn't really sure what Kairos was all about but I was ready to find out. I was always sensitive to the things of the spirit. Even before I really knew who Christ was, there was always something I felt in my guts when something happened. The very day that I was to report to the first day of my retreat, standing at the slider ready to go to the gym, a woman standing next to me said something very hurtful and offended me greatly. With that offended spirit all over me I walked into the gym with many Kairos ladies singing and clapping. I wasn't feeling it at all. All I could think about was how that woman said something nasty to me

and offended me. A Kairos lady came to me and asked me..."Are you SP?" "Yes" I replied. She asked me "Do you have a friend named Ralph?" I was in shock because I thought, "How do they know Ralph?" She told me how he sent an agape from England and says "Hi." I tell you when I say that spirit of offense lifted off of me so complete and fast that I never gave it a second thought. And what a wonderful 4-day retreat I had in that gym. God is faithful and so right on time!

It has been almost 4 years since my first experience with Kairos, since then I have been a faithful member and have grown tremendously. I have been an angel (helper for Kairos 4-day) twice and even had the opportunity to lead one of the monthly reunions. It is awesome to witness the move of God on this compound. I get to witness how the Kairos weekends, monthly reunions, and weekly prayer and sharing makes a difference in the women's lives, and of course, the Kairos cookies twice a year for the whole compound when there is a 4 day retreat. The women on this compound are thrilled and look forward to the cookies, many knowing the significance of the love that is put in them. Although some women do not realize, I believe every cookie they bite into plants a seed in them because they are baked with much love and prayer. Thank God for Kairos.

In Christ, S.P.



Thanks to Stephen Illich (See Matthew 10:29-31) 06-18-2007

**STEVE COMES TO THE SAD REALIZATION THAT THE DAYS OF THE HAIRS OF HIS HEAD ARE ALSO NUMBERED**

<http://www.jesuslovesyoutoday.org/cartoons/20.html>



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